**How to Help Your Child be Successful in Middle School:**

* Provide a place to study
* Help your child develop a system to keep track of important papers
* Make sure your child has - and uses - his/her agenda book to keep track of assignments
* Encourage your child to estimate how long each assignment will take
* Help your child break big projects into smaller ones
* Communicate with your child’s teachers

**Studying for Tests:**

* Rereading isn’t the same as learning
* People are productive at different times of day
* Sometimes we just have to memorize
* Help your child make the most of his/her time
* Make sure your child knows the basics
* Look for other sources of support
* Reflect on what works
* Help your child destress

Adapted from: www.greatschools.org